

SIGNS AND SYMPTOMS OF CYSTIC FIBROSIS

Pain/ cramps:
Abdomen



Gastrointestinal: Regular diarrhoea, fat in stool, severe constipation, or bulky/ smelly stools

Chronic cough:
With phlegm or blood



Respiratory: pulmonary hypertension, shortness of breath, sinusitis, or wheezing, chronic coughing.

Failure to thrive/
Slow growth



Delayed development, delayed puberty, or slow growth

Common symptoms



Acute bronchitis, deformity of nails, infection, male infertility, nasal polyps, pneumonia, salty sweat, weight loss and/ or CF related Diabetes

WHAT IS CYSTIC FIBROSIS (CF)

I'm Rare

Cystic fibrosis (CF) is a genetic (inherited) disease that causes sticky, thick mucus to build up in organs, including your lungs and pancreas.

Thick mucus clogs the airways and makes it difficult to breathe.

Mucus also blocks the ducts in the pancreas, causing problems with digesting food. Babies and children who have CF might not be able to absorb enough nutrients from food. CF, which is chronic and progressive, also affects the liver, sinus, intestines and sex organs.

The skin of a patient may taste Salty because more salt is excreted when sweating.

To find out more about Cystic Fibrosis: ask your health nurse or treating doctor



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